



MARYMOUND

Finding the good

RESTORING

WEAVING NARRATIVES OF RECLAMATION & RESURGENCE

April 4-5, 2024

Victoria Inn & Conference Centre

**\$375 Early bird \$399 Regular
\$325 per person for groups 10+
Bookseller & Craft Tables onsite**

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MARYMOUND

TRAINING CENTRE

WWW.MARYMOUND.COM



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Training Centre

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Restorying represents a dynamic approach to narrative, delving into past narratives to reclaim and rejuvenate for the purpose of restoration. Narratives serve as a vital means of intertwining our lived experiences, enabling us to comprehend our present and envision a future we aspire to embody. Storytelling, as an educational and healing endeavor, thrives on mutual respect and reciprocity, fostering a profound understanding and attunement to one another. This conference aims to delve into the narratives we share, prompting a thoughtful examination of the narratives left untold. Restorying goes beyond told stories, focusing on the significant questions emerging between them:



DR. SHAUNEEN
PETE

RESTORYING TOWARD INDIGENOUS RESURGENCE & SETTLER DECOLONIZATION

Unlearning colonial ways will engage you in deep learning about racial oppression. Dr. Shauneen Pete will lead us through a critical understanding of settler colonial relationships, and what settlers need to do in order to decolonize. This session will guide participants toward a deeper level of engagement with Indigeneity. It will help participants let go of limiting assumptions and guide them toward a vision for reconciliation. Through storying Dr. Pete will share pedagogical practices which allow for a deeper understanding of both Indigenous resurgence and settler decolonization; and will re-story a vision to advance our reconciliation efforts to dismantle systemic oppression in all its forms.



CULTIVATING SAFE SPACES

Cultivating Safe Spaces is a worldview shifting framework that was developed to empower individuals who may be struggling to understand what decolonization and reconciliation looks like. It is much more than diversity, inclusion, cultural safety and employee wellness. It is a framework that supports systems change and shifts in policy, process, agenda development and encourages participants to work from their best selves by centering well-being to promote effectiveness and productivity. This session will take participants from a place of insecurity and overwhelm to a state of focus and empowerment and enhances their ability to communicate effectively and make valuable contributions to the ongoing transformation of systems.



ELAINE ALEC

NEUROBIOLOGY OF TRAUMA

Neurobiology of Trauma

Facilitators: Dawn Isaac & Sonya Warga

Date: January 11 & 12, 2024

Where: Marymound Training Centre
442 Scotia Street, Winnipeg

Registration: \$249 per person

This workshop will integrate core principles of neurodevelopment and traumatology to inform work with children, families, and the communities in which they live.

Participants will learn to help identify the strengths and vulnerabilities of the children and youth struggling with trauma histories and/or mental health and co-occurring disorders. This workshop will focus on understanding the foundations of trauma and attachment dysregulation. Participants will learn the neurological, physiological, cognitive and emotional impacts of trauma. Considerations through a trauma lens and strategies to promote emotional regulation will result in less stressed systems (both caregiving, management and above) and more supportive co-regulated environments.

INDIGENOUS KNOWLEDGE

Indigenous Knowledge Training

Facilitators: Dawn Isaac, Chantel St. Germaine

Date: January 17 & 18, 2024

Where: Marymound Training Centre
442 Scotia Street, Winnipeg

Registration: \$249 per person

In this two-day workshop participants will gain and understanding of Canada's history of colonial policies and their impact on Indigenous peoples, families, and communities. Participants will also expand their knowledge of cultural safety practices, how to provide culturally relevant services, and build culturally respectful workplaces. Indigenous worldviews, knowledge systems, and spiritual and cultural values will be shared. This workshop is experiential and will include ceremony

Marymound Land Acknowledgment

We believe it is important to acknowledge that we are on the ancestral lands of the Anishinabe, Ininew and Dakota Oyate Peoples. The land on which we now work and live is land which the First Nations shared through Treaty No 1 in 1871. We acknowledge the 7 First Nations for their generosity. We also acknowledge that this land is the birthplace of the Métis Nation and the National Homeland of the Red River Métis.



TWO-SPIRIT HISTORY AND PERSPECTIVES

Facilitator: Chance Paupanekis
Date: February 1, 2024
Where: Marymound Training Centre
442 Scotia Street, Winnipeg
Registration: \$249 per person

This training delivers a multi-faceted approach to the history and perspectives of Two Spirit peoples living in Manitoba. It speaks to the nature of Two Spirit roles & responsibilities within families, communities and Nations. It also outlines the history and realities of Two Spirit peoples and how settler-colonialism has negatively affected their socio-political, socio-cultural and socioeconomic conditions.

Chance comes from the Kinosew Sipi Cree Nation in Treaty 5 Territory and currently resides in Winnipeg, Manitoba. He is a proud Swampy Cree and 2Spirit person who embraces his Cree language and queer identity. Chance has western education in Political Studies and Indigenous Studies from the University of Manitoba. Chance focuses his advocacy around Indigenous language revitalization, youth empowerment, land & water protection, Indigenous student rights and 2SLGBTQIA+ empowerment. He began his healing journey five years ago and has been learning from many knowledgeable mentors from his home community and beyond. Chance currently works as a Consultant and Independent Contractor for numerous organizations throughout Manitoba.

ASIST

TRAINING

Facilitators: **Travis Liewicki, Darcy Strutt and Hayley Wojcikowski**

Date: February 14 & 15, 2024

Where: Marymound Training Centre
442 Scotia Street, Winnipeg

Registration: \$249 per person

Two-day training. Applied Suicide Intervention Skills Training (ASIST) uses internationally recognized best practices customized to be relevant to students, employees or concerned citizens. Instructors maintain a balance of challenge and safety.

As an ASIST trainee, you will be better able to:

- *Recognize and assist a person with thoughts to avoid suicide*
- *Discuss suicide with a person with thoughts in a direct manner*
- *Demonstrate the skills required to intervene with a person at risk of suicide*
- *Recognize that caregivers and persons with thoughts are affected by personal and societal attitudes about suicide*
 - *Learn risk alerts and develop a safe plan related to them*
- *List the types of resources available to a person with thoughts of suicide*
 - *Make commitment to advocacy, improving community resources and networking*

Recognize that suicide prevention is broader than suicide intervention and, includes life promotion and self-care for persons with thoughts and for caregivers

A certificate will be provided

LATERAL VIOLENCE

LATERAL KINDNESS AND CONFLICT RESOLUTION

Facilitators: Raven Hart and Ivana Yellowback

Date: March 5, 2024

Where: Marymound Training Centre
442 Scotia Street, Winnipeg

Registration: \$249 per person

A workshop that focuses on the internalization of communication beliefs through the history of the Indian Act and the Residential School systems, to current day. It's a two-part series that focuses on both Lateral Violence then and now and moves towards conflict resolution and building capacity in communication skills.

Raven Hart Asiniskow Ithinew/Anishinaabe member of the Nisichawayasihk and White Earth Band of Chippewa. Her spirit name is Wabiske Kinew Ikwe which means White Eagle Woman in Ojibway. Raven has over 25 years of experience in program development, facilitation, youth mentorship/leadership, and social services work. She is Business Administration graduate, Action Therapist, Life Skills Coach, Facilitator, Traditional Family Parenting Facilitator, Grief and Loss specialist, Sundancer, drum carrier, lodge keeper, mother, and Kokom



RAVEN HART



IVANA YELLOWBACK

Ivana Yellowback is a member of Manto Sipi Cree Nation, and a relative to Mathias Colomb Cree Nation. She is both Asiniskow Ithinew ekwa Muskego Ininew (High Rock and Muskeg Cree). Ivana has 9+ years of experience in social services work, spanning from program development and implementation, facilitation, and workshop trainings (various), youth mentorship and leadership, and social advocacy and counselling.

TRAINING

REGISTRATION INFO

Visit our website to view the Marymound Training Centre course offerings:

www.tickettailor.com/events/marymoundtrainingcentre

Or scan this QR code with your phone camera:



For more information:

Please email conferences@marymound.com

Cancellation Policy:

Refunds can be issued up to 15 days before course takes place. Marymound will not provide refunds for weather, acts of god or other personal circumstances. If Marymound cancels any course, registrants will be offered a full refund.

Do you need a place to host training?

Are you interested in customized training?

Contact the Marymound Training Centre for all your training needs:

conferences@marymound.com

Marymound Winnipeg Campus

442 Scotia Street, Winnipeg MB R2V 1X4 Phone: 204-338-7971

General Marymound inquiries: info@marymound.com

