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# MARYMOUND

## TRAINING CENTRE

[WWW.MARYMOUND.COM](http://WWW.MARYMOUND.COM)

 **MARYMOUND**  
Training Centre

# BUILDING RESILIENCE

## A WORKSHOP FOR UNDERSTANDING AND ADDRESSING YOUTH SUBSTANCE USE

**Facilitators:** KRISTIN LUKIE & PHIL AUDETTE

**Date:** APRIL 16 & 17, 2025

**Where:** Marymound Training Centre

**Registration:** \$249 per person

Join us for a captivating workshop, where we shed light on the complexities of youth substance use. This course equips adults involved with youth—parents, caregivers, educators, and practitioners with the knowledge and tools to address and understand substance use. Navigate through the stages of change model and discover concepts and tools for intervention. From harm reduction and current trends, to managing addiction and fostering open discussions, this workshop helps move us from fear to empowerment.

### Objectives:

- Use recovery-focused language and debunk substance use myths.
- Foster resilience and healthy connections for prevention.
- Understand addiction, risk, and resiliency factors.
- Learn accurate information to replace fear-based approaches.
- Apply the bio-psychosocial model and harm reduction strategies.
- Explore stages of change model.

# NEUROBIOLOGY OF TRAUMA



**Facilitators:** PHIL AUDETTE & STEPHANIE SCHMOR  
**Dates:** MAY 7 & 8, 2025

**Where:** 442 SCOTIA STREET - WINNIPEG  
**Registration:** \$275 per person

This workshop will integrate core principles of neurodevelopment and traumatology to inform work with children, families, and the communities in which they live.

This workshop provides a neurodevelopmentally-informed perspective on human development, focusing on the human stress response system and the impact of childhood adversity. Rather than framing these experiences solely in terms of trauma, we will emphasize how adversity and attachment dysregulation shape behavior and emotional responses. The goal is to help professionals in social and human services create relationally safe environments that support emotional regulation and well-being.

Using key concepts from Dr. Bruce Perry's Neurosequential Model of Therapeutics™, participants will explore key concepts of brain development, the effects of childhood adversity, and attachment disruptions. Practical, brain-based strategies will be shared to promote emotional regulation, particularly for individuals who have experienced adverse childhood experiences (ACEs), mental health challenges, or co-occurring disorders.

# INDIGENOUS KNOWLEDGE

**Facilitators:** Dawn Isaac, Chantel St. Germaine

**Date:** MAY 28 & 29, 2025

**Where:** Marymound Training Centre

**Registration:** \$249 per person



In this two-day workshop participants will gain and understanding of Canada's history of colonial policies and their impact on Indigenous peoples, families, and communities. Participants will also expand their knowledge of cultural safety practices, how to provide culturally relevant services, and build culturally respectful workplaces. Indigenous worldviews, knowledge systems, and spiritual and cultural values will be shared. This workshop is experiential and will include ceremony

#### Marymound Land Acknowledgment

We believe it is important to acknowledge that we are on the ancestral lands of the Anishinabe, Ininew and Dakota Oyate Peoples. The land on which we now work and live is land which the First Nations shared through Treaty No 1 in 1871. We acknowledge the 7 First Nations for their generosity. We also acknowledge that this land is the birthplace of the Métis Nation and the National Homeland of the Red River Métis.

# NEUROBIOLOGY OF TRAUMA



**Facilitators:** DAWN ISAAC & SONYA WARGA  
**Dates:** JUNE 3 & 4, 2025

**Where:** 240 Lakeview Dr, Kenora, ON  
**Registration:** \$299 per person

This workshop will integrate core principles of neurodevelopment and traumatology to inform work with children, families, and the communities in which they live.

This workshop provides a neurodevelopmentally-informed perspective on human development, focusing on the human stress response system and the impact of childhood adversity. Rather than framing these experiences solely in terms of trauma, we will emphasize how adversity and attachment dysregulation shape behavior and emotional responses. The goal is to help professionals in social and human services create relationally safe environments that support emotional regulation and well-being.

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# ASIST TRAINING

**Dates:** JUNE 19 & 20, 2025

**Where:** Marymound Training Centre

**Registration:** \$249 per person

**Two-day training. Applied Suicide Intervention Skills Training (ASIST) uses internationally recognized best practices customized to be relevant to students, employees or concerned citizens. Instructors maintain a balance of challenge and safety.**

*As an ASIST trainee, you will be better able to:*

- *Recognize and assist a person with thoughts to avoid suicide*
- *Discuss suicide with a person with thoughts in a direct manner*
- *Demonstrate the skills required to intervene with a person at risk of suicide*
- *Recognize that caregivers and persons with thoughts are affected by personal and societal attitudes about suicide*
  - *Learn risk alerts and develop a safe plan related to them*
- *List the types of resources available to a person with thoughts of suicide*
- *Make commitment to advocacy, improving community resources and networking*

*Recognize that suicide prevention is broader than suicide intervention and, includes life promotion and self-care for persons with thoughts and for caregivers*

*A certificate will be provided*

# TRAINING

## REGISTRATION INFO

Visit our website to view the Marymound Training Centre course offerings:

[www.tickettailor.com/events/marymoundtrainingcentre](http://www.tickettailor.com/events/marymoundtrainingcentre)

Or scan this QR code with your phone camera:



For more information:

Please email [conferences@marymound.com](mailto:conferences@marymound.com)

### **Cancellation Policy:**

Refunds can be issued up to 15 days before course takes place. Marymound will not provide refunds for weather, acts of god or other personal circumstances. If Marymound cancels any course, registrants will be offered a full refund.

Do you need a place to host training?

Are you interested in customized training?

Contact the Marymound Training Centre for all your training needs:

[conferences@marymound.com](mailto:conferences@marymound.com)

Marymound Winnipeg Campus

442 Scotia Street, Winnipeg MB R2V 1X4 Phone: 204-338-7971

General Marymound inquiries: [info@marymound.com](mailto:info@marymound.com)