



ANNUAL
REPORT

2022-2023

LAND ACKNOWLEDGEMENT

We believe it is important to acknowledge that we are on the ancestral lands of the Anishinaabe, Ininew and Dakota Oyate Peoples. The land on which we now work and live is land which the First Nations shared through Treaty No 1 in 1871. We acknowledge the 7 First Nations for their generosity. We also acknowledge that this land is the birthplace of the Métis Nation and the National Homeland of the Red River Métis. Marymount acknowledges the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in the spirit of reconciliation and collaboration.



OUR TEAM

Board of Directors

Terry Shaw
Chair

John Lovell
Vice Chair/Treasurer

Ibukun Adetero

Cheryl Blahey

Lumena Cabral

Brian Brown

Theresa Harvey Pruden

Robert Loiselle

Raymond Prefontaine

Leah Shaw

Marg Synyshyn

Executive Team

Nancy Parker
Executive Director

Chris McDonald
Director of Finance and Administration

Nadia Dias
Programs Director

Sonya Warga
Clinical Director

Lea-Anne Stagg
Director of Human Resources

Dawn Isaac
Director of Organizational Development
and Cultural Services

Mardy Yager
Director of Operations and Fund
Development

Rhett Turner
Principal, Marymound School

Kelli Gaudry
Executive Assistant



Marymound is a proud member of the Réseau Compassion Network

CHAIRPERSON MESSAGE



TERRY SHAW

The theme of “recent events” has been one that I’ve spending some time reflecting on lately. In fact, one of my most recent board reports touched on that subject. So in collecting my thoughts on what has occurred in the year since the last annual report, I did it through the lens of trying to connect the concept of recent events and Marymound. In doing so the word that immediately came to mind for me was “pride”. However, as I sat with that thought for a bit, I realized it wasn’t the best fit to describe the last year.

I’ve been involved with Marymound for a number of years now and there has never ever been a point where I haven’t felt pride in my involvement. Pride in the work done, pride in the staff and definitely pride in our youth. So in continuing to reflect on the last year at Marymound, I realized, for me, the best way to connect the theme of recent events and Marymound is with the word “optimistic”.

Despite always feeling great pride in being a Marymounder, I must say there have been some times and some situations we’ve come through in the more distant past that I wouldn’t necessarily have described using the word optimistic. But in reviewing all that’s been accomplished over the last year I must say that I am feeling very optimistic.

To be clear, I absolutely acknowledge this doesn’t mean the work of the Marymound team is complete. Far from it. When you exist with a mandate to meet unmet needs in the community, I suppose the work you do will never be complete. However, it can change. Goals set in the past, are being met in the present. New targets can, and are, being decided upon. Progress in the journey of continuous improvement in service to youth and community is also being seen.

So while I’ve always been proud of the work Marymound does, and the achievements made, I’ve never felt more positive about the scope and scale of recent accomplishments, the team in place, the projects in process as well as the likelihood of positive outcomes for them.

There is still much to be done and it will not be without challenge. But while that work is getting done, and those challenges are being overcome, I’d like thank everyone involved for their efforts in creating important and positive outcomes for our community and our youth. I hope you are feeling similarly positive about the great work being done at Marymound.

EXECUTIVE DIRECTOR MESSAGE



NANCY PARKER

In preparing to write this annual report I met with several groups of staff and asked what they felt captured the theme for this past year. There was a great synergy in what I heard and felt, and this word cloud captures some of this.



Reflecting back on the year it has felt like this past year joined hands with the years following spring of 2020. The monumental effort to safely navigate the pandemic challenges seemed to shift my perspective of time and it is hard to point to what happened in any specific time during that period. This year I can point to the energy and joy at being able to gather together.

The fall BBQ, the holiday gatherings, and staff party. It feels as if we are emerging from a long dark moment and finding our way to new beginnings. The time of darkness, our winters, can be a time of deep generation and transformation. The past three years have been exactly that for Marymount. Despite the additional challenges we found the gifts and potential in working together virtually, and staff faithfully walked along a journey of bringing to life critical and core foundational approaches to how we provide healing services. You will read in this report the results of this work. It has been a transformational three years, setting the stage for what feels like “a new day”. It has been a privilege to be on this journey with such a diverse, talented and committed team.

The Reseau Compassion Network has stepped forward with Marymount into deep and humble relationship building. The Board as ever has provided kind and wise guidance and validates that Marymount’s actions stay grounded in our values. The youth and families we serve give us all our reason to bring our best efforts to this work, and the staff of Marymount do just that each and every day.

ANNUAL HIGHLIGHTS

As we reflect upon the journey of the past year, Marymound is excited to share our Annual Report for 2022-2023. This year has been a period of tremendous growth, transformation, and innovation, as we continue our unwavering commitment to making a positive impact in the lives of children, youth and families in Manitoba.

Pioneers in Creating Presence Certification

One of our most significant achievements this year is our certification in Creating Presence. Marymound is proud to be the first organization in Canada to achieve this certification, emphasizing our dedication to creating trauma-responsive environments that promote healing and well-being. The Creating Presence model has revolutionized our approach to trauma-informed care, allowing us to provide a supportive and empowering space for our staff.

Leaders in Neurologic Model of Therapeutics (NMT) Training Certification

Another remarkable milestone we have reached is the attainment of NMT Training Certification through Phase I. Marymound stands as the second Canadian organization to be granted site certification in this groundbreaking model. Our commitment to staying at the forefront of innovative developmentally-informed approaches ensures that we provide the best care and support to those we serve.

Introducing the Reconciled Healing Model

We are excited to introduce our Reconciled Healing Model as an overarching healing framework. This strengths-based model is grounded in a two-eyed seeing approach that reflects our deep belief that every child deserves the opportunity for growth and connection to their culture and heritage. As advocates for cultural preservation and connection, Marymound has woven these principles into the fabric of our programs, creating a holistic approach to healing that addresses the physical, spiritual, intellectual, and social needs of the young people in our care.

Cultural Integration and Healing

Our ongoing journey to connect young people with their culture and heritage continues to be a fundamental part of our purpose. We are devoted to enhancing the integration of cultural programming into the healing process, recognizing the profound importance of this connection for the well-being of our youth.

Marymound is deeply committed to expanding the ethical space between Western therapeutic interventions and traditional healing practices. Our goal is to support a journey of decolonizing harmful practices and embracing a more inclusive and culturally sensitive approach to healing. We believe that by recognizing and respecting the diverse worldviews of our youth, we can provide more effective and meaningful support.

In the pages that follow, you will find a comprehensive overview of the progress, achievements, and stories of resilience that have defined Marymound's year. We invite you to explore how our collective efforts, fueled by innovation and a dedication to change, are making a difference in the lives of the children and youth we serve.

Together, we are building a brighter future, and we thank you for being a part of this journey.

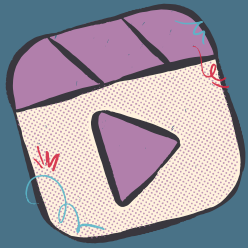
ANNUAL HIGHLIGHTS AT A GLANCE

During 2022-23 we were responsible for the well-being of 2,098 youths and families.



Over 500
Conference
attendees

"Every youth, no matter their circumstances, deserves a chance to shine. We are here to provide that chance and be their guiding light toward a brighter future."



In light of the continually evolving platforms for showcasing the significance of Marymound's work, we commissioned a video produced by Handcraft. You can find the Marymound video by searching on YouTube.

Over 1200 people helped make the Inaugural Gimli Ice Fishing Derby a success!



Successful Launch of New Staff Onboarding

In November 2022, we launched our new staff onboarding program, which has been a great success thus far with 16 staff members completing it. This initiative is part of our Strategic Plan under the Sustainability Pillar, and we are pleased to have met this goal.

The orientation is designed for new employees from any department or program and offers a comprehensive overview of Marymound. It includes an introduction to our history, programs, key policies, and HR information. Additionally, we have created a scavenger hunt to help new staff learn how to navigate the intranet, as well as PHIA and safety training. Participants will have an opportunity to tour the Scotia site, meet with the Cultural team and learn about our Reconciled Healing approach, and receive introductory PRESENCE training. Our ultimate goal is to ensure that new staff feel welcomed and informed about Marymound, so we encourage attendance within the first three months of employment.



SEXUAL ABUSE TREATMENT PROGRAM

Provided services to 31 individuals aged 0-17, with 389 total contacts made in the same age range.



This program receives funding through United Way Winnipeg



663

Crisis Stabilization Unit
Admissions



442

The Total
Number of
Staff Training
Sessions
Attended.

CREATING P.R.E.S.E.N.C.E



Trauma-Informed * Trauma-Responsive * Trauma-Resilient



P.R.E.S.E.N.C.E. is an acronym for linked guiding values that consistently underpin and inform practice: Partnership and Power; Reverence and Restoration; Emotional Wisdom and Empathy; Safety and Social Responsibility; Embodiment and Enactment; Nature and Nurture; Culture and Complexity; Emergence and Evolution. Each set of values is associated with a knowledge base and a set of universally applied tools that are designed in sequence to provide 1) Brain regulation skills; 2) Communication tools; 3) Group engagement tools; 4) Complexity management skills.

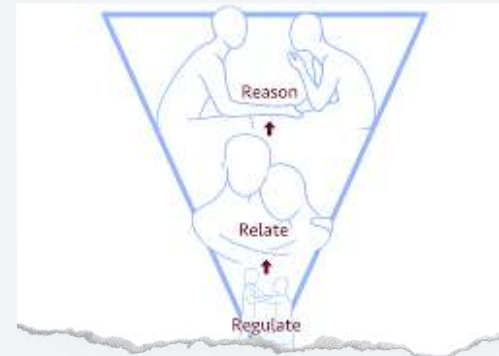
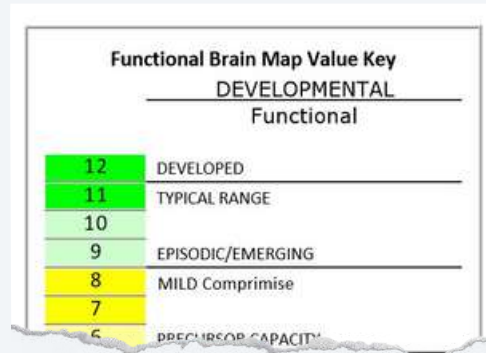
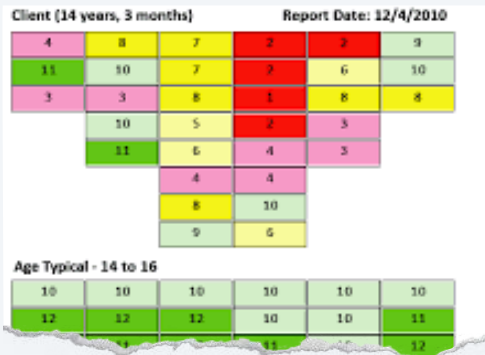
Marymound is the first organization in Canada to be certified in Creating PRESENCE and it has been an incredible journey. A second staff survey was recently completed and in every area the organization showed improvement, a testament to the tangible gains this work has brought the organization.

Below is an excerpt of a letter from Dr. Bloom acknowledging our certification:

This has been an ongoing and fruitful journey for all of us and I am so pleased to certify Marymound as an organization that has embraced Creating Presence. Your willingness to pilot this process through its first launch was critical to our development. Congratulations to you, your Board of Directors, all your managers and staff – and of course your clients – who have worked so hard together to achieve this learning milestone. I will be enduringly grateful to your Creating Presence coaches as well. Kristin Lukie and Dawn Isaac who have played such a vital role in guiding this process of developing a new organizational approach through its birthing process.

Dr. Sandra Bloom, M.D. President, Creating Presence

NEUROSEQUENTIAL MODEL OF THERAPEUTICS (NMT)



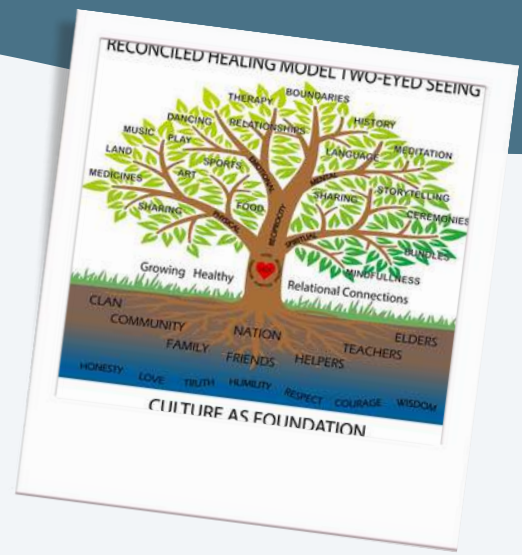
This year Marymound obtained the NMT Training Certification through Phase I, becoming the second Canadian organization to obtain grant site certification. NMT is not a type of therapy – it is a clinical planning tool, or assessment, that allows practitioners to sequentially plan a range of therapeutic interventions that meet the child where they are at in terms of developmental age. When arranged in the proper order, these interventions will improve the organization of the brain and move the child towards more age expected behaviors, function and capacity in all domains, including social, emotional, academic and physical.

The goal of the NMT Metric is to develop an individualized brain map that articulates primary problems, identifies key strengths and recommends interventions (educational, enrichment and therapeutic) that will help family, educators, therapists and related professionals best meet the needs of the child. This information is then used to generate a personalized healing plan, which is tailored to the individual's age and preferences.

The NMT Metric offers a multitude of benefits. It provides an accurate starting point for the therapeutic process, allowing for realistic and achievable healing goals. Additionally, this metric pinpoints deficits and strengths, fostering compassion and appreciation for each individual's unique challenges and gifts. Furthermore, it aids in co-regulation, reducing co-dysregulation and increasing predictability and safety for both clients and staff.

Marymound's journey towards NMT mastery reflects its commitment to healing and celebrating every individual's abilities and challenges.

RECONCILED HEALING MODEL



Call to Action #22: we call upon those who can effect change within the Canadian health-care system to recognize the value of Aboriginal healing practices and use them in the treatment of Aboriginal patients in collaboration with Aboriginal healers and Elders where requested by Aboriginal patients.

It is Marymount's belief that all children should be provided with the opportunity for growth and connection to their culture and heritage. We continue to enhance the integration of cultural programming as part of the healing journey to connect our young people to their culture. Marymount incorporates a holistic approach to healing that includes meeting the physical, spiritual, intellectual and social needs of the young people we serve. We commit to integrate our treatment modalities with an equal focus on both cultural renewal and land-based, traditional healing combined with Western therapeutic interventions. Organizationally we are committed to expanding the ethical space between the two world views to support a journey of decolonizing harmful practices.

Marymount's overarching modalities of care built into the Reconciled Healing model include the following:

- Indigenous Healing modalities: land based healing, ceremony
- Life Promotion: Hope, Purpose, Belonging and Meaning
- Neurosequential Model of Therapeutics: an evidence-based assessment tool that integrates core principles of neurodevelopment and traumatology for clinical planning.
- Creating Presence: organizational trauma-resilient model of care.

We are proud to launch our Reconciled Healing Model that we believe will see success as a strengths-based mentorship model. Our model is grounded in Senator Murray Sinclair's four questions:

Where do I come from?, Where am I going?, Why am I here, and Who am I?

We express gratitude to Elder Dr. Ed Connors for the term "Reconciled Healing Model".

We express gratitude to our Indigenous Advisory Circle who gave generously of their time and shared their wisdom in the creation and blessing of this model.

Acknowledging the foundation of two-eyed seeing by Elder Albert Marshall and recognizing Willie Ermine for introducing the concept of ethical space.

MARYMOUND PROGRAMMING



Marymound Programming provides a number of programs and services for vulnerable youth and families including crisis stabilization, assessment and treatment programs, group homes, treatment foster care, clinical services and cultural healing services, youth addiction services, sexual abuse treatment, youth education services including an independent therapeutic school and off campus school for older youth, an education bursary fund for current and past clients of Marymound, independent living programs, young parents programming, maternal health and early childhood supports, youth employment readiness, cultural programming and training.



FUTURE'S AND BABIES BEST START REPORT

Marymound Thompson has at its core an inclusive and welcoming approach to everyone that we serve. Our participants are pregnant mothers and families with young children, and teenagers at risk. Our staff all have lived experience of being pregnant, being parents of young children and have an intimate understanding of the local challenges of a remote northern city. We have low barrier access – all families are welcome and there is no exclusionary criteria.

Staff are always able to be creative and co-create solutions to meet families needs. The demographics of the adults we serve includes lone parent families, families struggling with poverty, newcomer/Indigenous families, women and men who have experienced violence and abuse, and often involved with child welfare and the criminal justice system. To meet the diverse and changing needs of providing supports for maternal health and healthy families, we do the following activities to lift the voices of those we serve: twice a year review of program offerings with input for change, surveys, asking individuals if we are meeting their needs. We have a large community advisory committee that meets three times a year.

Many of the families we serve struggle with food insecurity. This year Marymound's maintenance team built a sharing pantry for the program:

“Take what you need, Give what you can.”

The program was also successful in receiving grant funds from the Government of Manitoba to support additional initiatives to address food insecurity.



Community Pantry in Thompson

TREATMENT FOSTER CARE REPORT

Providing a Therapeutic Home Environment for Children, Youth, and Adults through Treatment Foster Care (TFC) and the Gateway Adult Program (GAP)

TFC and GAP are programs that aim to create a nurturing and therapeutic home environment for individuals who are unable to live with their natural families. Treatment foster parents and home share parents are dedicated to supporting and caring for these individuals, helping them to remain connected with their families and communities.

Highlights for 2022-2023

- Utilized a hybrid approach to training with one in-person session and five virtual sessions via social media.
- Hosted an in-person foster parent appreciation night to honor milestone anniversaries ranging from five to twenty-five years.
- Received an unprecedented 42 inquiries into fostering.
- Conducted several home studies, welcoming new foster parents and children into the program.
- Eight families transferred to our program, bringing fifteen youth into our care.
- Successful recruitment efforts resulted in more homes being available for our program.
- Celebrated several high school graduations, including one in Thompson.
- Relocated our program offices to 1750 Main Street in fall 2022.
- One of our Clinical Case Managers attended a Gathering in Detroit in November 2022.
- One young adult in our GAP program acted in a starring role in the movie *Champions* with Woody Harrelson. Three other young adults who reside with him were also in the film as extras, which was a source of great excitement for the home share family and our team.



STABILIZATION PROGRAM REPORTS

Crisis Stabilization Units

Scotia and Horace Units are a crisis based intervention service for any Winnipeg youth aged 9-17. They are designed to provide a safe space and offer a wide range of supports for youth who may be dealing with mental health issues or are overwhelmed, stressed or unable to cope. Both units were well utilized throughout the year.

Ezhi Nanaandawi – Way To Heal

The Former Euphrasia Hall and Pelletier Hope Centre programs are designed to stabilize and support healing pathways for youth in care who are significantly impacted by mental health, substance use and trauma to a degree that impacts their safety.

Over time as our healing model has been adapted to meet the needs of these youth, the two programs have unified to become one program. This change reflects the growth of the program design in both practical and philosophical ways. The formal conclusion of both programs and the launch of an amalgamated healing program was honoured in a naming pipe ceremony provided by Marymound's Elder in Residence.

Our name now symbolizes the healing journey undertaken by the youth in this program, and our role is akin to a single stone on that path.

In our ongoing growth, we have acquired valuable insights that have propelled significant strides for many of the youth we serve. Our approach has shifted towards a more relational foundation, leveraging these connections to guide youth toward healing, resulting in increased connectivity, presence, and engagement in their healing journey. Notably, there has been substantial growth in strengthening family bonds, with a dedicated focus on uniting and supporting families.



The Entrance to Ezhi Nanaandawi

STABILIZATION PROGRAM REPORTS



Bagosenim serves as a gender inclusive residence designed for planning and assessment, accommodating youth for up to 120 days. A key objective is to conduct psychological assessments and provide recommendations for prospective caregivers. In our interactions with young people, we emphasize placing the youth and their families at the core of our work. Our staff consistently prioritizes enhancing visits, fostering family connections, and making the process of finding family a central focus.

Several youth were successfully reunited with family in kinship homes. This year witnessed a notable increase in both in-home and community activities. Throughout the past year, our youth participated in a wide array of events, including small city fairs, fishing, canoeing, beach outings, camping trips, swimming, movies, tubing, skating, boat rides, art city, Sky Zone, Red River Ex, Rec Room, Speed World, jackpots, YMCA, Planet Fitness, shopping, Canada Day celebrations, Gimli Icelandic Festival, Niverville Fair, and U-Putts.

There was robust engagement with our Cultural Program, where youth received spirit names, took part in ceremonies, experienced their first exposure to culture, engaged in pipe ceremony, sweat lodge ceremony, and participated in medicine picking. Holiday celebrations, such as Easter, Halloween, Christmas, and Valentine's Day which featured matching bingo themes with the Sinclair children and Cultural team consistently in attendance.

We maintain flexibility for youth attending school in the community, at Marymound School or being homeschooled due to specific circumstances.

STABILIZATION PROGRAM REPORTS

YOUTH ADDICTIONS STABILIZATION UNIT (YASU) REPORT

Over the past year, YASU has maintained a collaborative relationship with Youth Addictions Centralized Intake (YACI), ensuring efficient and supportive services for those accessing YASU. They conducted educational presentations on substance use and available services, reaching approximately 250 individuals across Child and Family Services Agencies.

YASU has adapted its practices to address evolving patterns of illegal substance use, particularly with youth experiencing severe and persistent opiate use. They developed criteria and guidelines, in consultation with Addiction Specialists and Dr. Erin Knight, for determining when it's no longer in a youth's best interest to be detained. Factors considered include severe withdrawal without medical intervention and the risk of fatal overdose upon release.

YASU also participated in a working group to expand Rapid Access to Addictions Medicine Clinic (RAAM) services for youth, exploring alternative resources for those with severe opiate use. Furthermore, renovations funded by Justice have improved safety for both youth and staff in the Intoxicated Persons Detention Act (IPDA) unit, resulting in decreased police call backs and continuing collaborative work with Winnipeg Police Services. The program was successful in receiving grant funds from the Manitoba Liquor and Lotteries.



Memorial Bench Ceremony for April Ladobruk

201

IPDA Admissions

71% of admissions were connected to Child and Family Services

29% of admissions were youth who had parental involvement

67

clients who received service



COMMUNITY BASED HEALING PROGRAM

SEXUAL ABUSE TREATMENT PROGRAM (SATP) REPORT

Marymount's Sexual Abuse Treatment Program (SATP) delivers therapeutic interventions tailored for young individuals grappling with the repercussions of sexual abuse. The program's dedicated therapists acknowledge and leverage the inherent strengths of children who have endured such experiences, aiding them in processing and moving beyond the impact.

Within the SATP, therapists conduct assessments from an ecological standpoint, recognizing that a child's world extends beyond being a mere victim of sexual abuse. The program acknowledges the influence of family, culture, and community on a young person's identity, thoughts, and emotions. It actively supports participants in discovering strengths and resources within these spheres and within themselves. Furthermore, the program seeks to alleviate or resolve distressing symptoms that young individuals may be experiencing while offering education on the profound impact of traumatic abuse to clients, their families, and the wider community.



31

The number of individuals who we provided service to in 2022



We thank the United Way for their support

COMMUNITY BASED LIVE-IN CARE PROGRAM REPORTS

DREAMCATCHER SINCLAIR MARYGROVE MATHESON

Dreamcatcher, Marygrove, Sinclair, and Matheson Homes are all dedicated to providing essential support and stability for youth in various age groups, with the overarching goal of preparing them for independent living or reunification with their families.

Dreamcatcher Home focuses on youth aged 12 to 17, employing a family-oriented approach that includes continuous support during home visits, assistance with programming, appointments, and reunification plans. The nurturing environment at Dreamcatcher Home is characterized by love, respect, empathy, and a strong family-oriented ethos. The comprehensive assistance provided covers harm reduction techniques, cultural healing support, educational guidance, and life skills development through programs like SWEEP. The team at Dreamcatcher Home is dedicated to building relationships, offering trauma-informed care, and advocating for opportunities that contribute to the success of the youth they serve. Success stories include supporting siblings in graduating from a Community High School, transitioning to independent living, and finding employment. The home has also facilitated artistic passion by connecting a youth with an artist to further her artistic journey.

Moving to Marygrove and Sinclair Homes, the focus is on creating a safe and nurturing environment for children aged 8-12 who have experienced multiple placements in foster care or kinship. The emphasis is on building trust, nurturing relationships, and supporting each child's unique interests and strengths. Cultural awareness and kindness are actively encouraged through activities such as morning smudging, jigging, and participation in cultural events. Family involvement and expanding family connections play a crucial role in promoting emotional and social development. With the support of the board, community volunteers, and cultural teams, the children's experiences are enriched, including special outings and educational opportunities.

Matheson Home caters to a group of four females aged 12-17, providing stable and secure therapeutic care. The home actively encourages participation in healthy, age-appropriate activities, fostering valuable life skills such as cooking and engaging in after-school programs like piano lessons. Mindfulness practices are prioritized, and continued education is ensured, either at local community schools or Marymount School. Residents are provided with enriching opportunities, including the Marymount Student Work and Experience Education Program, to empower and prepare them for their future. All these homes, including Dreamcatcher Home, remain steadfast in their commitment to the well-being and growth of the youth they serve.

Our Community Homes are committed to helping children integrate into the public school system and providing tools for them to reach their full potential in a nurturing environment.

MARYMOUND SCHOOL REPORT

Marymound School: Providing Safe and Nurturing Learning Environments for Students

As an "independent" school, Marymound School is committed to offering students a secure and nourishing environment while providing them with core literacy and numeracy skills as outlined in the Manitoba Educational Curriculum. Our team of certified teachers and educational support staff is dedicated to meeting the needs of every student. Marymound School has been sub-contracted by public school divisions within and outside the city to offer trauma-informed and psychologically grounded support to students who face complex emotional, behavioral, social, psychological, and neurodevelopmental issues that hinder their success in a community school setting.

YOUTH EDUCATION SERVICES

The Y.E.S. (Youth Educational Services) is a highly responsive program that addresses student crises with urgency and provides crucial interventions to ensure academic success. Through referrals from the Youth Crisis Stabilization System, Educational Crisis Advisors play a critical role in reintegrating or introducing students to new school programs, offering transportation assistance and mentoring to parents in establishing routines. The intake process follows a resiliency model that considers past challenges, current situations, and identifies necessary supports. After Y.E.S. involvement, an exit meeting establishes ongoing support. If the current school program is unable to meet the student's needs, alternative placements are discussed before services are concluded.

PATHWAYS

Addressing an Unmet Need: The Launch of Pathways, an Off-Campus School in 2018

Pathways was established in 2018 to address a need that had long gone unmet. The program realizes that transitioning to more conventional educational, post-secondary or employment environments can be difficult, and as such, it provides students with the tools to work independently on credits that help them achieve their high school objectives, offering both regular and mature diploma paths. Students are given vocational and volunteer opportunities that align with their interests, while academics are customized to support each student's individualized educational objectives.



Completed Mural at Marymound School In partnership with the Manitoba Advocate for Children and Youth.

"Your education should help you develop your talents and abilities and respect your identity, languages and values"

United Nations Conventions on the Rights of a Child #29



INDEPENDENT OPTIONS/YOUNG PARENT PROGRAMS REPORT



42

the
number of
young
adults who
received
services

Throughout the year, various programs were offered to youth, including activities focused on nutrition, psycho-education, culture, and healthy living. Despite the pandemic, in-person program attendance averaged 87%. The organization faced challenges connecting with youth and community resources during the pandemic, but since then, there has been an increased number of young adults and staff utilizing resources.

There has also been an increase in the number of graduates and young adults attending day programming in the community. Despite difficulties in hiring, new staff have been hired with positive attitudes and diverse backgrounds.

Team training has been implemented to engage staff, including Indigenous knowledge training and upcoming psychological first aid training.

IOP SUCCESS STORY



One of our young adults has been a part of the Independent Options Program since December 2020. It was challenging coming into a new program as a 16-year-old with diagnoses of FASD and ADHD and during a global pandemic. The young adult was apprehensive at first, they struggled with attending work, not attending school on a regular basis, and having ongoing struggles with suicidal ideation and attempts.

They have goals and dreams; they are working towards them. With the support and guidance of the program they were given space to develop their independence further to help them strive towards achieving their goals.

Over the last year, they have made tremendous progress as we supported them to connect to an alternative high school. This allowed for flexible hours that worked best for them, now they are expected to graduate in June 2023. In addition to their educational goal, they increased their shifts with their ILTF (Independent Living Transition Facilitator) and gained valuable work experience with Marymount's SWEEP (Student Work Education Experience Program through Marymount) team.

Recently, this young adult completed their application to post-secondary education with MITT and was accepted to the September 2023 semester. This application process was supported by the Shepherd's Heart Fund through Marymount.

We are proud of their successes thus far and will continue to guide and support them through their next chapter in life.





A social enterprise is a type of business organization that combines commercial and social objectives in its mission and operations. Unlike traditional for-profit companies, which primarily aim to generate profit for their owners or shareholders, social enterprises prioritize achieving positive social or environmental outcomes alongside financial sustainability.

We are pleased to announce that 4 Seasons Snow Removal and Landscaping has reached full capacity. This program provides valuable work experience and generates revenue for the youth who reside and attend school at Marymount.

Our hot dog cart also had a busy summer season, catering to various community events, corporate BBQs, and public spaces. Staffed primarily by our youth, the cart offers opportunities to engage with the public, build confidence, and develop self-esteem. You can book the cart for your event by visiting our website for more information.



Snow removal



Our hotdog cart attending a community event!



One of our youth cutting grass with our landscaping team!

The primary goal of social enterprises is to balance economic success with meaningful contributions to society or the environment, demonstrating that businesses can be a force for positive change beyond profit generation

FUND DEVELOPMENT AND COMMUNICATIONS REPORT



Fund Development focuses on all aspects of fundraising- events- grants- donors- gifts in kind- sponsorships and social enterprise through (SWEEP) Student Work Experience and Education Program.

In the 2022-23 fiscal year, the Fund Development committee successfully regained momentum, marked by a series of prosperous events. The triumph in grant writing efforts extended Marymound's financial resources beyond our core funding, enriching our youth programming.



Moreover, we introduced a new 5-year Strategic Plan, with the strong support of our Board of Directors in fundraising activities. The return of in-person concerts, conferences, and special events marked a positive shift. Our team diligently worked on enhancing our social media presence and underwent a comprehensive website revamp.



Notably, Marymound's venture into online fundraising showed promise with the successful launch of our first-ever online 50/50 initiative. Our annual Golf Tournament was a resounding success, selling out and significantly contributing to much-needed funds for our agency's programs.

A particularly exciting addition to our calendar was the inaugural Ice Fishing Derby on March 4, 2023, held during the Gimli Ice Festival. This event, in partnership with Fish Futures and the Gimli Ice Festival, aligns with Fish Futures' mission of fisheries enhancement and water stewardship. By raising funds for natural resource preservation and supporting vulnerable children, we achieved a win-win situation.



Marymound extends its heartfelt gratitude to all our donors, especially our steadfast monthly and annual supporters who stood by us during the challenges of the pandemic. Keep an eye out for new initiatives and campaigns in the upcoming year as we continue our mission of providing enriching experiences for the children we serve.



CONFERENCES REPORT



Marymound is a leader in offering professional development opportunities to the education and human service sectors that grounded in trauma-informed approaches.

In November 2022, we hosted a two-day virtual conference *Resilience & Resurgence: Building Ethical Space Through Integration of Knowledges*. Building on dialogue from our previous conference we continued to explore tangible yet transformative ways of embracing Indigenous perspectives within our organizations, programs, and service delivery frameworks. This required foundational, knowledge-based, and structural shifts in ways of being and doing. We were honoured to learn from renowned Elders, researchers, and practitioners what it means to create ethical space, integrate Indigenous knowledge into practice, and honour the importance of relationships to shape reality. This will continue to guide our work and clinical framework moving forward.

In April 2023 we were excited to welcome back participants to our first in-person conference since Covid! *What Lies Beneath?: How Behaviours uncover stories of Trauma & Resilience in Children, Youth, & Families*. Over two days, almost 300 participants heard from renowned speakers and authors about how to create strengths-based trauma-informed healing environments that honour the importance of relationships to shape reality. With a focus on resilience and neuroscience, participants were given evidence-based principles and practical tools to transform young lives.



MARYMOUND TRAINING CENTRE REPORT

Marymound has aspired to be a leader in offering professional development opportunities to the education and human service sectors that grounded in trauma-informed approaches. After almost a decade of offering in-person and virtual conferences, we are happy to launch the Marymound Training Centre. The Marymound Training Centre offers two conferences annually, along with a series of smaller workshops that will be offered in Fall, Winter, and Spring sessions. Conferences and workshops will focus on topics that support mental health, dive deeper into understanding trauma and celebrate resilience. Our goal is to provide quality professional development opportunities that empower care providers across multiple human sectors to build their knowledge base and enhance service delivery to individuals who are impacted by trauma.



Training Topics

- Applied Suicide Intervention
- Non-Violent Crisis Intervention
- First Aid/CPR
- Youth Substance Use
- Legacy Training
- P.R.E.S.E.N.C.E
- Indigenous Knowledge
- Neurobiology of Trauma

Workshop Topics

- When likes become needs: Social media use, anxiety and self-esteem in youth
- Healing Trauma and Loss
- Harm Reduction



CULTURAL HEALING SERVICES



Marymount believes that cultural awareness and pride are key components to healing. A strong, positive cultural identity can instill feelings of pride; give one a sense of place in the world, as well as a sense of community affiliation.

The cultural program offers a safe, nurturing place where youth can explore their connection to culture. Through sharing and talking circles, sweat lodges, teachings, Pipe ceremonies, Full Moon ceremonies, and other activities, youth develop enhanced self-esteem and self-identity.

The Cultural Program is delivered by the Indigenous Cultural Program Manager, Indigenous Cultural Healing Coordinators, and an Elder-in-Residence in conjunction with partners from the local First Nations and Métis community and guidance from our Indigenous Advisory Circle.



Marymount
Traditional
Medicine Gardens



Independent Options Program and the Cultural Program had a lovely evening around the fire making homemade pizzas in our clay oven!

HEALING FRAMEWORK

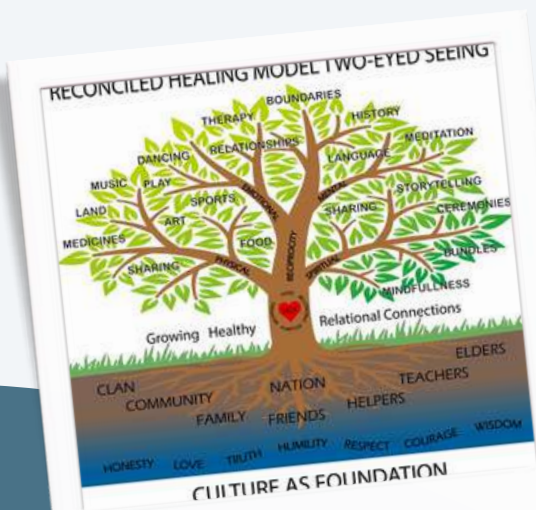


Marymount has been on a journey to build upon our land-based framework and develop a reconciled healing model (often referred to as a two-eyed seeing approach) for several years. The evolving clinical framework for the organization draws from Indigenous knowledge and healing practices, as well as from Western Therapeutic interventions – Dr. Ed Connors named this a “Reconciled Healing Model”.

Every youths’ healing plan is completely individualized and sequentially ordered through the use of the Neurosequential Model of Therapeutics© clinical planning tool. The Reconciled Healing Model also incorporates the concepts of Life Promotion, acknowledging that hope, purpose meaning and belonging are critical to the wellness of the youth we serve, and draws on High Fidelity Wrap Around’s guiding principles to grow this connectedness to life and future.

This past year, additional strides have been made towards defining and implementing the model. The Indigenous Advisory Circle to Marymount approved the model and the visual representation of the model as seen below. The collaborative work between the clinicians’ team and the cultural team continued, with Elder Louise Lavallee lifting pipe to ask for guidance and for a name for the joint group; the name gifted was Memengwaa, meaning butterfly. Currently the Butterfly Group is working to define roles, processes and documentation that will be necessary pieces to the co-creation of healing plans with the youth. The goal will be to have healing plans based on the new model in place for the youth in the managed care and assessment programs early in 2024. Once metrics are established, we hope to identify a partner to assist in the evaluation of the model.

We express gratitude to Elder Dr. Ed Connors for the term “Reconciled Healing Model” We express gratitude to our Indigenous Advisory Circle who gave generously of their time and shared their wisdom in the creation and blessing of this model.



FUNDERS AND SUPPORTERS

Marymound Inc. greatly depends on financial backing from government sources, foundations, and generous donors. It is of utmost importance to us to acknowledge and honour those whose contributions enable our mission. We extend our heartfelt gratitude for your invaluable support and collaboration in our endeavors!



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- BNI Elite
- Assiniboine Park
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Individuals

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- Katharine Cherewyk
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- David Moor
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*Thank
you!*

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Financial Statements available upon request.

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