


RESPECT • COMPASSION • COURAGE
Values
FOR LIFE
SPIRITUALITY • COLLABORATION



MARYMOUNT

Finding the good



A young girl in a pink dress is jumping joyfully with her arms raised in the air. She is smiling broadly and looking towards the camera. The background is a blurred outdoor setting with greenery and a wooden structure, possibly a playground or a garden. The overall mood is happy and energetic.

Rooted in our core values,
the "Marymound Way" is to go above and
beyond in striving to always do what is in the best
interests of the children, youth and families we serve.
These values also guide us through our relationships
with employees, stakeholders and collateral
organizations. Marymound will continue to honour
the legacy of our founders, the Sisters of the Good
Shepherd, by following the "Marymound Way" and
bringing these values to life with zeal,
enthusiasm and passion.

MESSAGE FROM THE BOARD CHAIR



"Let us put our minds together and see what life we can make for our children."

- Sitting Bull

In 2014, Marymount set out on a path to re-articulate its values in a way that reflected where we come from, where we are going, who and how we serve. Marymount has been firmly connected to the 4 core values of mercy, zeal, individual worth and reconciliation that had guided all Good Shepherds for decades. We were actively considering the importance of the accountability framework provided to us by the Catholic Health Corporation of Manitoba. We also gave serious consideration to the heritage of those we serve and their home communities. We sought to stay true to our founding values, to honour our responsibilities and to actively acknowledge an inclusive expression of spirituality.

In March 2015, after much reflection, discussion and thoughtful consideration the Board approved a final values statement that we now refer to as 'The Marymount Way'.

'The Marymount Way' beautifully articulates the core values that we strive to share with those we serve. It also is foundational in how we serve. For our Board of Directors, Respect, Compassion, Collaboration, Courage and Spirituality are integral to the conversations, decisions and path we choose to take.

Marymount continues to create a place of belonging where all can truly experience what it means to be respected, to be heard and to have a voice. It is a place that works to give opportunities to find truth, to be courageous and to begin again. We want 'Marymounters' to experience compassion for themselves, for others and with others. We work to provide the chance for everyone to explore how they can nurture their spirits in a way that honours who they are. These things happen thanks to an environment that fosters collaboration within Marymount's community and within our greater community.

In our circle, we continue to have the strength and prayers of the Sisters of the Good Shepherd, we have a strong leadership team with senior staff who embrace the values of the Marymount Way, a Board of Directors who are committed to their work and the Catholic Health Corporation of Manitoba who seeks to support in whatever way it can. We continue to seek opportunities to collaborate with other organizations and learn about how to best honour the traditions of so many of those we serve and to seek meaningful ways to reconcile, to take actions that promote healing in our community and to build initiatives that give so much hope.

The values of Respect, Compassion, Collaboration, Courage and Spirituality shape Marymount where we strive to bring it life with that Good Shepherd zeal of love and caring.

"If you sincerely love and are faithful to the Mission entrusted to you, then you can accomplish much good."

- Saint Mary Euphrasia

Respectfully,

Angeli Booz
Board Chair

MESSAGE FROM THE CHIEF EXECUTIVE OFFICER

We are Marymound. This past year was my first year as CEO of Marymound and it was a wonderful year.

As I learned about the diverse array of programs at Marymound I was struck by what binds everyone together as "Marymounders". The Marymound Way expresses core values that reflect our heritage of the Sisters of the Good Shepherd in a way that resonates in 2018. I have seen a myriad of ways staff brought the values to life in their work with our youth and families, as well as with each other. As the year unfolded two values struck me in how they have informed the uniqueness of Marymound.

Spirituality. Marymound has an inclusive approach to spirituality, and is living the spirit of Truth and Reconciliation and cultural reclamation for our youth and families of Indigenous heritage. The Two Row Wampum, a declaration dating back to 1613, holds the vision of how we together will go down this river in peace and friendship as long as the grass is green, the water flows, and the sun rises in the east. It is this journey that I feel is a gift to me in my first year at Marymound.

We are blessed to be on Treaty 1 Territory and I feel such gratitude that on our beautiful Scotia Street property we can have teaching and purification lodges, a swimming pool, gardens to grow tobacco, space for our honey bees, and beauty to fill our souls.

"Attention to spirituality is an integral and foundational part of what we do and value". It can be challenging to make room for this aspect of holistic care, and as we do this I see another Marymound value shine.

Courage. Courage to own the mistakes of our colonial heritage, to embrace the strengths of our Sisters' compassionate and caring approach to meet the needs of our youth and families and to support our cultural and land based programming. I felt and saw this past year Marymound bringing to life holistic care so that it is not just words, but is seen and felt in action.

As I reflect on this first year at Marymound I believe the report that follows conveys the beauty of this organization, the power of the work that Marymounders bring to life, and the hope that shines bright for our youth and families, and for our community.

Respectfully,

Nancy Parker
Chief Executive Officer



ORGANIZATIONAL EXCELLENCE

A core area where Marymount strives for excellence is cultural proficiency. It utilizes the knowledge, skills, attitudes and beliefs that enable people to work well with, respond effectively to, and be supportive of people in cross cultural settings. This allows Marymount to provide care to children, youth and families with diverse values, beliefs and behaviors. In 2017-18 the composition of the 12 member Board included four women, five Indigenous and two French-Canadian members.

A two day workshop covering the history of colonization, the residential school system and the impacts of inter-generational trauma was offered, with a focus on increased understanding of cultural safety at an organizational level. In 2016 Marymount implemented an Indigenous recruitment strategy and since that time the representative workforce has increased to 13 percent, with our Human Resources Department and Cultural team being 100 percent Indigenous.

Marymount continues to work on becoming an organization that can inform programming and decisions with useful data. This year saw the creation of a system that captures data and creates reports for our Youth Additions Stabilization Unit. As government continues to focus on measurable performance indicators regarding effectiveness

and efficiency to demonstrate value for money, plans are to increase Marymount's ability to capture relevant metrics. To support this effort the management team was realigned to create a Quality Assurance management position that will be able to focus on this task.

With new executive staff in the CEO, clinical and program director roles, a focus this year has been to better understand where to prioritize efforts in program delivery. There is a desire to approach this work in a manner that is inclusive of staff/staff representatives so that the people that perform the process inform the process.

Marymount plans to adopt Lean/Six Sigma as its framework for moving improvement projects forward. This approach supports strong staff engagement, creates a culture of continuous quality improvement, and allows us to realize the goal setting for the upcoming year.

Another effort underway is to articulate the organization's "constellation of care". Marymount has a unique confluence of drivers into how we approach clinical work with our youth, and throughout the year we captured these and then spent a day with the clinical team and other guests to begin this work. The goal is to be able to describe and visually represent to partners our



model of care and create training and processes that allow staff to see how their work reflects the approaches we use.

Trauma informed approaches are key to working with youth who have experienced complex trauma. A process of operational debriefing of significant events was instituted— both to support staff but to also provide feedback for staff to learn from these events. As well, data systems are being developed to track themes that allow effective intervening with additional training and supports as needed. Marymound has been working with Dr. Sandra Bloom, the developer of the Sanctuary model, to initiate a three-year implementation across the organization of the Sanctuary model. This would be paired with research as she makes adaptations specific to our indigenous youth.

Marymound engaged Dr. Ungar of the Resilience Research Centre from Dalhousie University in 2016 to complete a program evaluation of the new Pelletier Hope Centre – a semi secure setting that provides stabilization and treatment for some of the most challenged and complex needs youth in the child care system. A mid-way report was released in January 2018 and showed the program is achieving key outcome metrics such as a decrease in suicide ideation and behavior, and decreased use of hospital and justice system resources. It gave strong support to the proposed development of a transition home for these youth to be located in the circa 1880's Leacock Mansion once renovations are completed.



Marymound's financial sustainability has been enhanced by a number of initiatives. These include improved financial reporting – "you can't manage what you can't measure." Mindful of this adage, Marymound's initiatives in financial reporting focus on three key objectives. The first is to promote better understanding of financial principles and issues at all levels of the organization through additional education. The second is to design financial reports in a manner which conveys the most relevant and understandable information possible. And the third is to review this information regularly with managers to ensure that they have a good understanding of their function or program's performance and can then react to this information in the most timely and effective way possible.

Another area of focus has been cost management. Marymound has always placed great emphasis on its responsibility to manage its financial resources effectively, both to maximize benefits accruing to its clients and to demonstrate good stewardship on behalf of its supporters. Analysis and better internal reporting of controllable costs such as food have occurred enabling more transparency regarding these costs and accountability.

We believe in the intrinsic value and individual worth of each person. Respect is non-judgmental and is the basis of organizational integrity. We will honour each person's own unique experience, history and connection to family, community, heritage and culture. Respect is about working in a way that is inclusive, transparent, and empowering.

UNMET NEEDS

Marymount is rooted in the mission to address unmet needs, especially related to woman and children. A current initiative speaks to addressing an unmet need for a particularly vulnerable group of young women who are being served in the newly renovated Pelletier Hope Centre, a program that is semi-secure and provides assessment and treatment to Level 5 youth.

These young women experience high risk due to substance use, sexual exploitation and have significant "complex" treatment challenges. There have been successes but also the gains are fragile with current transitions out of this program to programs in other settings not always successful. Being able to transition the young women to an on-site unlocked home setting benefits the youth as the developed relationships with their treatment team, school staff, recreational and cultural team would allow for a continuation of these relationships and provide the time to strengthen and consolidate the gains the youth have achieved. Marymount is actively fundraising while working with Prairie Architecture of Akman Construction to renovate

the historic Leacock Mansion on the Scotia Street site to provide a beautiful transition home for these youth in the next step of their journey.

Another area of unmet need being addressed is ongoing support through Disability Services for some youth meeting the criteria transitioning as adults in the Treatment Foster Care program. There are wonderful foster families wanting to continue to support and have their young adults live with them as their forever families. Treatment Foster Care services are provided in a manner that exceeds quality indicators for this service, but funding depending on the severity of the assessment of the young adult does not match the funding required to support this level of programming. Creative efforts to ensure ways to support these families to foster these young adults is in the works.

There also continues to be an unmet need for more foster families in Thompson where Marymount has several programs and continues to strive to address this need.





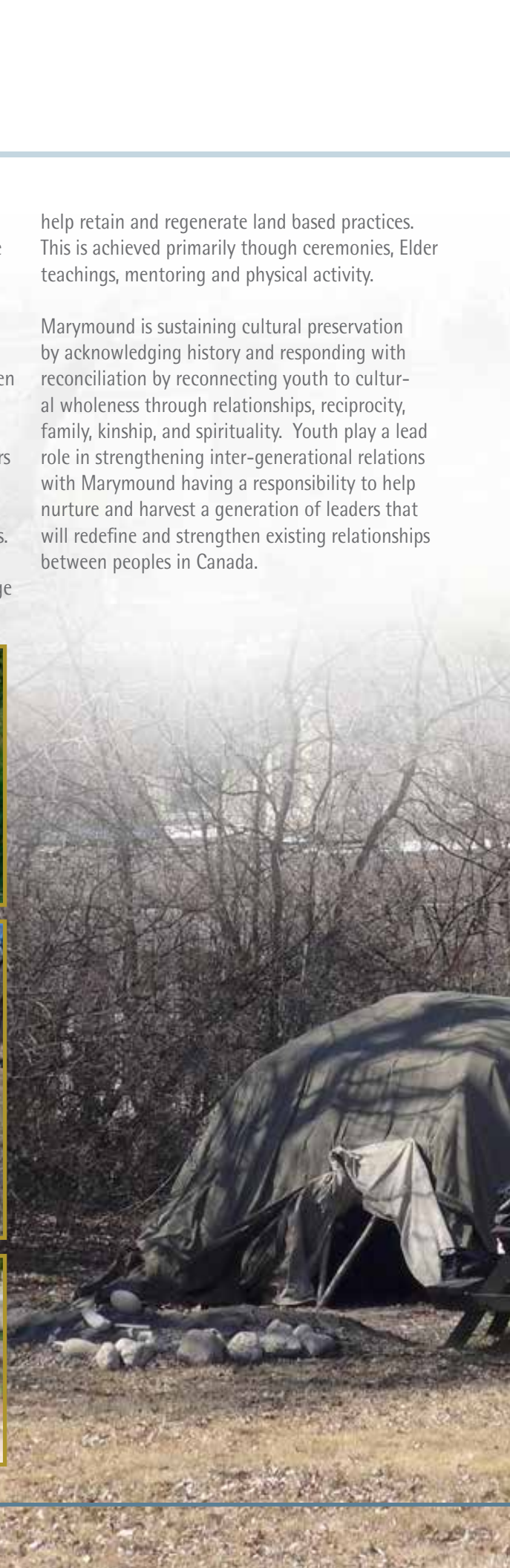
CULTURAL GAINS

Marymount's cultural programming is a fundamental element of fulfilling our spiritual purpose as 80-85 percent of the organization's children and youth in care are of Indigenous descent.

Spiritual and cultural programming gives a sense of identity and belonging for many of the children and youth at Marymount. Developed as part of the cultural proficiency strategy, the cultural program is delivered by Indigenous youth mentors under the guidance of an Elder. The program has grown from two youth mentors to four full-time mentors, as well as four summer student mentors. The Indigenous Cultural program aims to give children and youth the necessary skills, knowledge and experiences in land, language and culture to

help retain and regenerate land based practices. This is achieved primarily through ceremonies, Elder teachings, mentoring and physical activity.

Marymount is sustaining cultural preservation by acknowledging history and responding with reconciliation by reconnecting youth to cultural wholeness through relationships, reciprocity, family, kinship, and spirituality. Youth play a lead role in strengthening inter-generational relations with Marymount having a responsibility to help nurture and harvest a generation of leaders that will redefine and strengthen existing relationships between peoples in Canada.

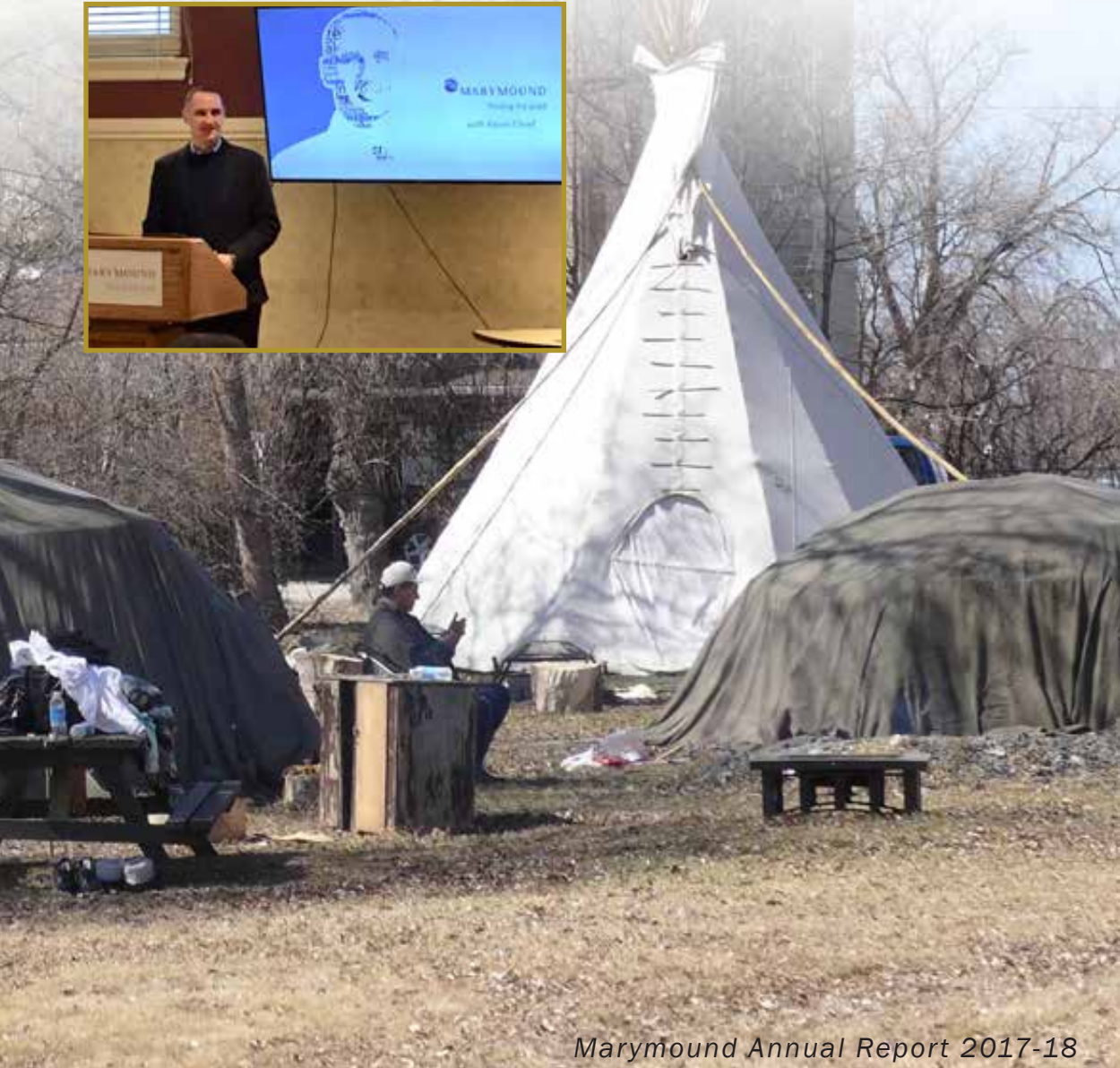


The Cultural Team promotes respect, self-esteem, pride, inclusion and recognition of diversity. Youth leadership is being fostered through the sacred laws of health, happiness, generation, generosity, compassion, respect and quietness.

This year the land-based programming has seen a significant increase in activity with home-grown tobacco used for gifts and ceremony, gathering and growing herbs and vegetables for healing teas and meals as the youth learn about caring for themselves with healthy food. The program also harvests the trees needed to build various lodges on the Marymound grounds as well as learning how to tan hides. All of these activities are

conducted with ceremony as the youth learn reciprocity, the connection of spirit to land and gratitude.

In the spring of 2018 the Board and senior executive and managers had a day retreat focused on the Recommendations of the Truth and Reconciliation Commission of Canada (TRC). The morning opened with a smudging ceremony led by our youth mentors followed by guest speaker Kevin Chief taking about relationships – the essential core of the TRC. In the afternoon the Board and executive reviewed the TRC recommendations and discussed what Marymound is already doing to support this, and ideas for further work.

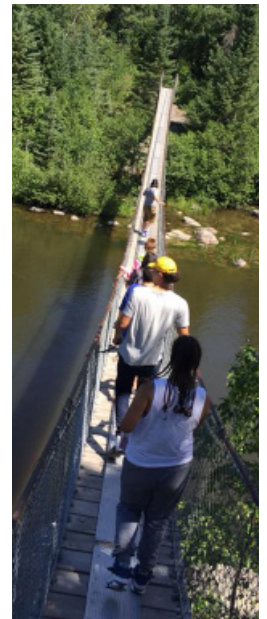


We have a deep desire to serve others and will go above and beyond to journey with each child and the physical, emotional and spiritual challenges that they are experiencing. We believe in unconditional acceptance, kindness, reconciliation, and finding the good. Compassion shows itself when we are fully present to the needs of each other and respond in a way that is most helpful and of service.

THE KIDS OF SUMMER

The Marymount Recreation and Cultural program merged to keep youth stimulated through many activities, especially during the summer months. The pool and play area is used by all the units through barbeques, sporting activities and of course, splashing around in the pool.

The cultural grounds was busy with youth learning how to prepare traditional food, experiencing ceremonies, and gaining knowledge of their ancestors. The youth enjoyed various day trips to the beach, hiking, berry and medicine picking, and beating the summer heat at Fun Mountain. The schedule kept the kids active and brought them great joy with many positive memories as they bonded further with staff and the youth mentors.



SPIRITUALITY/LEGACY

Marymound was founded in 1911 by the Sisters of the Good Shepherd. After a 103-year presence, the remaining four Sisters moved to Toronto in June 2014. It is one of our highest priorities that Marymound ensures the legacy of the Sisters lives moving forward.

The articulation of the Marymound Way and its connection to the core values of the Sisters of the Good Shepherd was an important first step to capturing the lasting legacy.

Working in close collaboration with the Good Shepherd Mission Integration Office, Marymound has developed a half-day workshop that covers the life history of its founder Saint Mary Euphrasia. This workshop also describes the international impact of the work of the Good Shepherd congregation around the world and provides an overview of the history of Marymound from 1911 to the present. Most importantly, the workshop articulates how the legacy is alive and directly connects through the core values to the work done today at Marymound. This workshop is mandatory training for all staff, and to date has been delivered by the Marymound training manager, Jane Litchfield, with the support of Bob Interbartolo from the Mission Integration Office.

In early spring, the Canadian province of the Sisters of the Good Shepherd announced they will be ending the support of the Mission Integration Office to the five Canadian organizations founded by the Sisters. A meeting was held in Toronto with leadership from the four English speaking organizations to explore ideas regarding how to keep the mission and values of this work alive in years to come. Fall 2018 will see Marymound working with its Board of Directors and staff to develop a strategic plan to support this work.

A continuing effort of offering mindfulness training at Marymound has been made available to staff. Marymound has two facilitators who are trained in Mindfulness Based Stress Reduction, and are currently becoming trained to facilitate mindfulness groups with youth.



Ethical reflection is directly related to being a values-driven organization. Marymound's values are the lens through which we reflect on our organizational culture, assess our services, make decisions, and plan for the future. These values guide decisions at all levels of the organization, from governance and policy formulation to daily decision-making when faced with difficult situations and choices.

Marymound has been examining many different ways it operates as an ethical business. This has ranged from purchasing accountability, to "green" purchasing, sourcing from local vendors, supporting Indigenous businesses, improving our recycling programs and composting, to the choice of construction materials.

The beautiful property of Marymound resting on the bank of the Red River is greatly valued and appreciated and is stewarded with tree replanting programs.

PROGRAMS & SERVICES

COURAGE

PELLETIER HOPE CENTRE

The semi-secure assessment and stabilization program (opened September 2015) focuses on helping female youth become accustomed to stabilization and structure, clinical assessment, counselling, treatment planning and goal setting. This program is intended for youth experiencing very complex needs and who are seen as having higher risks of being unsafe in the community. Plans are currently underway to further develop phase II of the program which is an 8 bed campus-based open unit to allow for a natural transition out of the semi-secure setting at Pelletier Hope Centre. Wrap around services are in the development stages to allow for increased transitional support in moving out of phase I and II of the centre and back into the community.

ADELE ASSESSMENT AND STABILIZATION PROGRAM

Opened in March 2015 as a short-term (90 days) program to provide crisis stabilization, clinical assessment, counselling, transition support and planning for female youth coming from emergency placement resources. The focus of Adele is to provide a comprehensive assessment for female youth newer to child welfare to allow for appropriate placement and resources for better outcomes in the future.

MANAGED CARE

Marymount's Managed Care Program provides a continuum of 24-hour care to young people at risk in the community. The program aims to meet the physical, emotional, spiritual, and social needs of each young person.

Community Group Homes – Marymount operates five community group homes in Winnipeg, each offering home-like environments for four to six young people. Emphasis is placed on promoting healthy, age-appropriate activities and interaction, while providing a therapeutic setting, including counselling, support and psychiatric consultation. All young people residing in Marymount group homes attend school – either in their neighbourhood or at Marymount School.

Semi-Secure Living Unit – Marymount has a semi-secure living unit on its premises in Winnipeg, providing a nurturing environment for up to six girls. By emphasizing the promotion of healthy, age-appropriate activities and interaction, a young person behaving in a manner that puts her at risk can benefit from the structured program.

Each group home is modern, well-equipped and nurturing, yet still provides a therapeutic setting that includes counselling, life skills support and psychiatric and psychological consultation. Staff provides extensive evening recreation programming, including community activities. As well, the young people have the opportunity to receive work-place education. All young people residing in Marymount semi-secure units attend Marymount School.

CRISIS STABILIZATION PROGRAM

This program provides short-term, 24-hour care with separate units for both girls and boys that help stabilize the young person and their family or caregiver during acute psychosocial crisis. This service is part of the Youth Emergency Crisis Stabilization System.

TREATMENT FOSTER CARE (TFC)

24-hour care is provided in the homes of individuals, couples and families who have specialized training and/or expertise in working with boys and girls at risk. As a leader in Treatment Foster Care, Marymount's Treatment Foster Parents and knowledgeable Clinical Case Managers collaborate with other members of the young person's treatment team to address his/her needs.

INDEPENDENT OPTIONS/YOUNG PARENTS PROGRAMS

The Marymount Independent Options Program (IOP) is designed to meet the needs of youth from 16 to 21 years of age who are transitioning from care provided by Child and Family Services, to independent living at Marymount. This service includes a Young Parents Program (YPP) for teens.

YOUTH ADDICTIONS STABILIZATION UNIT (YASU)

This safe, secure, four-bed facility for both voluntary and involuntary units provides an opportunity for young people severely affected by substance abuse to stabilize physically in order to consider options for treatment services.

Marymount delivers this service under the provisions of the Youth Drug Stabilization (Support for Parents) Act. Youth who require the service can be admitted in the involuntary program for a maximum of seven days or check themselves into a voluntary unit for seven to 10 days

INTOXICATED PERSONS DETENTION ACT UNIT (IPDA)

Young people found intoxicated in public places with no parental contact stay overnight safely in the two bed IPDA unit, sleeping off the substance effects.

MARYMOUND NORTH

Located in Thompson, Manitoba, offer services to families, young parents and children from newborns to 17 years of age.

Receiving Home - provides emergency 24-hour care services to young people waiting for longer term placement.

Treatment Foster Care - 24-hour care is provided in the homes of individuals, couples and families who have specialized training and/or expertise in working with boys and girls at risk. Treatment Foster Parents and knowledgeable Clinical Case Managers collaborate with other members of the young person's treatment team to address his/her needs.

Futures - provides a wide range of education, counseling and training programs with an emphasis on support and sharing to young parents and their children.

Babies' Best Start - a prenatal nutrition program provided by Marymound North that also offers post-natal education and support. New mothers learn about eating healthily before and after their baby is born.

Youth At Risk (Y.A.R.N.) Program - coordinates wrap-around services for at-risk youth from ages 12 to 17 years. This is an intensive case management strategy helping the youth and their family to obtain the services they require.

Outreach Program - the street-involved youth outreach worker looks for youth in the Thompson community. The role is to form a relationship with the youth and provide information and support. Also works closely with the RCMP and SEY worker.

MARYMOUND SCHOOL

Marymound School provides specialized education to young people with exceptional learning needs from the Managed Care program as well as the broader community. Using a creative, dynamic approach, Marymound School delivers the provincial education curriculum from elementary to senior grades.

YOUTH EDUCATION SERVICES (YES)

This United Way sponsored program provides support and assistance following a student's crisis in the public school system. The goal is to stabilize and maintain the student's school placement. This service is part of the Youth Crisis Stabilization System.

SEXUAL ABUSE TREATMENT PROGRAM (SATP)

SATP provides therapeutic services to young people (and their families) experiencing sexual trauma. Approach involves individual, family, play and group therapy. The program, funded by the United Way also provides training to other professionals.

STUDENT WORK EXPERIENCE EDUCATION PROGRAM (SWEEP)

The program offers Marymound youth real-life experience in the workplace through training opportunities, job search methods, résumé preparation, volunteering, on-site mentorship and more.

RECREATION PROGRAM

The recreation program delivers a broad range of activities and outings for youth in managed care as well as IOP and TFC. The purpose is to educate, promote and deliver a variety of activities that will stimulate individual interests. The recreation program often collaborates with the cultural program and includes activities such as baking, sports, scavenger hunts, bowling, museums, laser tag, golf, nails, the Zoo, canoeing, swimming, water slides, beach days, Go-Karts, hay rides and more.

CULTURAL & SPIRITUAL SERVICES

Students and residents are encouraged to explore spirituality in a way that is comfortable for them. As 75 percent of the young people at Marymound are First Nation and Métis, the cultural program with the aid of four Indigenous Youth Mentors offers traditional cultural and spiritual teachings and activities. Cultural awareness training is also provided to all Marymound staff.

We honour the resilience shown every day by our children, youth and their families; their ability to bravely face adversity to overcome, advance and belong. As an organization we will embrace change, challenge obstacles, take risks and through innovation, strive to be leaders in our field. We will continuously advocate for our children and youth and their families. Our staff shows courage to our children, youth and their families, going above and beyond often in challenging circumstances and by celebrating our successes together.

FUND DEVELOPMENT & MARKETING

The Fund Development takes great pride as it dedicates itself to raising the necessary funding for children who deserve the very best.

Marymound is as humbled by the generosity of our supporters as we are inspired and motivated by the youth we serve.

Fund Development continues to pursue donations through traditional methods such as direct mail, golf tournaments, benefit concerts and conferences. While these approaches have met with success, the department continues to think outside the box for new ways to generate more funding.

Going above and beyond to provide opportunities for youth to nurture their interests in arts and sports, as well as experience a variety of recreation activities including summer camps is a Marymound trademark. Helping them to succeed is a priority, and if any of our kids—past or present—wish to pursue post-secondary education, the Marymound Busary Program makes this possible.

Annual giving is the linchpin of our fundraising efforts as donor support is taken to heart with the utmost gratitude and acknowledgement that every gift is a major gift.

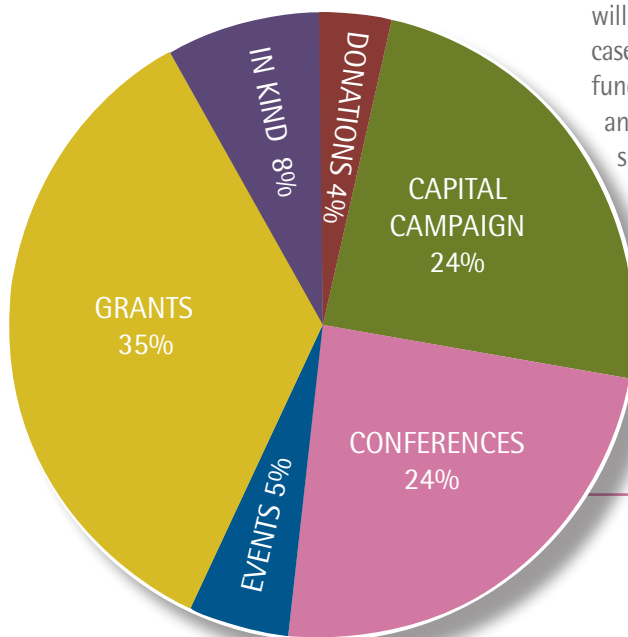
Events

The second annual Marymound golf tournament at Rossmere Country Club was another success this year as the 'Marymound Exclusive 100 Golf Tournament' that capped registration to 100 golfers. This resulted in a faster paced event and a shorter day that many golfers appreciated. It resulted in increased revenues of 25 percent. The proceeds were raised for various Marymound youth programs.



The Annual Urban Fishing Derby held every year at the Forks on Labour Day weekend is a fundraiser, but also raises awareness for Marymound to a broader audience. This family-friendly event averages between 250 to 400 participants each year. It's a great day of promoting Marymound and how we serve youth and the community.

King's Head Pub Benefit Concert series staged its inaugural show on September 20th featuring Winnipeg blues legend Big Dave McLean. The series will focus on local bands and solo artists to showcase their work to a new audience while raising funds for Marymound programs. Four concerts annually are planned. The King's Head also supports this event with monthly dinner specials that provide a gift back to Marymound.



Where
the Money
Comes From.

Conferences

Due to the success of the past year, Marymount decided to host two conferences in 2017/2018.

The first, 'Rebuilding Connections: RECONCILIATION, RELATIONSHIPS, AND RELATEDNESS' was held on November 21st & 22nd and featured the amazing Dr. Martin Brokenleg, founder of the Circle of Courage, and Dr. Raven Sinclair, expert on the 60's Scoop in Canada. It was to be Dr. Brokenleg's last scheduled public speaking engagement before his retirement.

The conference quickly sold out with 800 people securing spots and more than 200 people on a wait list. The conference opened with Dr. Sinclair speaking on the topic of Intergenerational Trauma and Recovery. Her impassioned talk generated discussion, laughter, and even tears among the riveted audience.

On day two, Dr. Brokenleg took the stage and started and finished the day with seemingly endless standing ovations and applause. During his presentation on 'Restoring Resiliency and Spiritual Balance through Connectedness', Dr. Brokenleg provided valuable insight into how cross cultural skill development can help to build relationship and connection with clients. He also emphasized the important role human service providers can play in nurturing resilience and building inner strength in children and youth.



The second conference on March 5th and 6th, 'Restoring Wholeness: The Connection between Neuroscience and the Treatment of Trauma' featured psychiatrist and PTSD expert Dr. Ruth Lanius and renowned speaker and bestselling author Dr. Gabor Mate. Despite a massive snowstorm and multiple highway closures more than 900 participants braved the weather to participate in an insightful learning experience. Dr. Lanius' expertise in post-traumatic stress disorder (PTSD) and Dr. Mate's insights into interpersonal neurobiology and trauma work captivated the crowd by showing that trauma impacts the whole person: mind, body, and spirit. As helpers, those in attendance learned that a multi-system approach to recovery and healing must be taken.

Marymount is honoured to provide professional development opportunities to our staff, agencies, and community partners and look forward to hosting more conferences in the following years to come.



IN THE NEWS

Marymount continues to raise its profile in the community through various channels that raise awareness of the understanding of Marymount while removing many misconceptions. Constant social media posts on the platforms of Facebook, Twitter—and new this year—Instagram, all keep Marymount followers informed of the latest and greatest at the organization.

The largest public exposure of Marymount is through earned media from the large media companies whether its television, print publications or radio. Reaching out with story pitches to these organizations results in a broader audience viewership and more exposure of all the good that Marymount provides for its youth.

This past year Marymount news was in the public eye numerous times:

- The 30 minute Marymount documentary- 'Century of Care' was aired on CTV
- Marymount School had a great feature on CTV news about driving their students to and from school from all over the city and beyond.
- CTV featured a nice segment on Marymount's Indigenous Day.
- CTV to air an extensive segment on Marymount's Social Enterprise launch.
- The Winnipeg Free Press featured the Marymount Medicinal Gardens.
- The Winnipeg Free Press published a full page on the Marymount Golf Tournament.
- Say Magazine published a story on the Cultural Land Based program and team.
- The Times community newspaper promotes and runs stories from our newsletters many times a year.

All this exposure in addition to the social media helps raise the profile that aids in fundraising, sponsorships, and recruitment, as well as helping many potential supporters to consider Marymount as a charity of choice.



SOCIAL ENTERPRISE

In keeping with our values and our mission of helping children, Marymound launched a different approach to raising funds while providing opportunities for growth and learning for its youth.

'Marymound Good for Youth!' Social Enterprise was developed to not only raise funds but also provide real work experience opportunities for Marymound youth that will help them overcome many barriers to employment. This additional approach to fund development will help position Marymound for future growth.

In the past year we created four pillars of social enterprise initiatives:



Marymound Caters! and Marymound Hosts! are launching publicly this fall after a soft launch that showed much promise. Marymound Works! is part of the Student Work Experience Education Program (SWEEP) and its yard services initiative that enjoys continuing success. Marymound Learns! is scheduled to launch in the new year.

We recognize that the desire for health and wholeness for our youth is shared with others. We will actively seek out partnerships that promote healing and growth for all. Through collaboration with our children, youth, and their families, Aboriginal communities, funders, colleagues and the community at large, we will work towards a sense of shared responsibility that enhances our collective impact.

YOUTH ACHIEVEMENT & AWARDS

Milestone Achievement Award

Every year Marymount selects a young person who finds the strength to overcome their personal challenges and advance by becoming a trailblazer or achieving something life-changing. Their accomplishment could be in the area of education, the workforce, the arts, volunteerism or any other aspect of their life.

This year Marymount honours two special young people—including one from Marymount North—for their strength and resiliency in overcoming obstacles and advancing their lives while integrating back to the community. Their stories and accomplishments are on the next page of this report.

Marymount Bursary Awards

The Marymount Bursary Program offers educational and support funding to eligible young people who received services from Marymount for a minimum of six months.

The bursary provides funds to help cover costs such as tuition, books, living expenses and more while students are attending school.

This year Marymount was pleased to award three bursaries. Congratulations to Dominique, Vicki and Alissa.



YOUTH SUCCESS STORIES

Jenea

Jenea Moise was originally from the Indigenous Community of Lac Brochet in Northern Manitoba. She became a permanent ward when her biological mother died when Jenea was 3 years of age, and her father could not overcome addiction issues which caused great upheaval and harm in their home. The family was an unfortunate result of the residential school system and the ensuing intergenerational trauma with no supportive resources available in their community.



In 2002 at the age of 4, Jenea came into care and soon was placed into a foster home with her two sisters in Thompson, Manitoba. The foster parents switched their license to Marymount's Treatment Foster Care (TFC) in 2007 and Jenea continues to live with them for the past 16 years.

Despite having to overcome being a child in care, suffering through grief and depression, as well as detachment issues, Jenea graduated high school in 2015. She has continued to advance and is now in her second year at the University College of the North (UCN) completing her Early Childhood Education 2, and has worked part time since high school at a restaurant.

"I'm so appreciative to find a family that is so accepting that offers me mental stability, education and socialization opportunities, trust and even generational changes. I hope other children find a family and become as fortunate as me."

On her path to independence, Jenea recently moved into her own apartment and continues to succeed with the full support of her foster family, birth sisters, and TFC. It is a credit to her perseverance and resilience that Jenea has found her way by taking advantage of all opportunities to build a bright and prosperous future.

Reece

Reece became a permanent ward in 2008, and lived with his grandmother for many years before joining the Marymount Independent Options Program (IOP) in March 2017. He graduated from high school three months later. Reece is one of three triplets and is very close to his two sisters also in IOP.



Early in the program, he struggled with anxiety and depression to the point where he couldn't make eye contact or engage in conversation. In group settings he would retreat physically by pulling his sweatshirt hood over his face and hide. In less than two years, he no longer has to use his sisters as a crutch and can engage socially on his own. Reece has also learned to see past his parents substance abuse and is rebuilding a relationship with them as an adult.

Reece has come a long way, and works part-time in the Marymount kitchen through the Student Work Experience Education Program (SWEET). "Marymount offers many resources for youth to access that support us as we work towards our goals." He is exploring an opportunity at a post-secondary institution for the culinary arts and hopes one day to own a restaurant.

Reece attends therapy biweekly and is on medication to address his anxiety and depression. His biggest change is his gender identity. He came to the program as a female (Renee) and since coming out as male (Reece), is much happier and content with his identity. He is starting to undergo the physical process of transitioning through Klinik while trying to secure funding to legally change his name and gender marker at Rainbow Resource.

Reece has, and is overcoming major challenges in his life but maintains being a compassionate person as shown by his love for animals and fostering of high-needs cats as well as volunteering at the Humane Society once a week.

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We believe spirituality is an individual experience that is intertwined with one's personality, culture and life history. Spirituality is a means to connect to one's self, others and a higher power according to each person's beliefs. Attention to spirituality is an integral and foundational part of what we do and value.

*We apologize in advance for any unintentional omissions in the listing of our valued supporters.

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Executive Assistant

FINANCIAL SUMMARY

MARYMOUND INC.

Statement of Operations

Year ended March 31, 2018 (with comparative figures for 2017)

Revenue:	Operating Funds		Capital Fund	2018	2017
	Unrestricted	Restricted		Total	Total
Province of Manitoba:					
Family services:					
Operating grants	\$ 2,749,501	\$ -	\$ -	\$ 2,749,501	\$ 3,549,625
Per diem	6,301,999	602,331	-	6,904,330	6,228,994
Additional support	108,809	1,039	-	109,848	40,421
Education:				-	
School	725,500	-	-	725,500	725,500
Y.E.S.	364,900	-	-	364,900	364,900
Health - YASU	2,712,000	-	-	2,712,000	2,712,000
Placing agencies	8,328,875	253,120	-	8,581,995	8,055,624
School divisions	1,096,740	-	-	1,096,740	1,086,970
Federal grants	429,302	-	-	429,302	379,305
Employment projects	19,764	-	-	19,764	10,758
Interest	18,266	-	-	18,266	7,067
Other	836,420	148	-	836,568	480,408
Amortization of deferred contributions	-	-	84,520	84,520	88,388
United Way grant	78,477	-	-	78,477	78,477
Donations	102,775	-	113,977	216,752	491,700
Gain on sale of assets	-	-	-	-	10,000
	23,873,328	856,638	198,497	24,928,463	24,310,137
Expense:					
Amortization	-	-	353,104	353,104	355,377
Salaries and wages	15,539,754	580,028	-	16,119,782	14,885,692
Office and building maintenance	992,446	20,000	-	1,012,446	1,041,681
Administrative	783,428	109,931	-	893,359	1,347,756
Mortgage & loan interest	-	-	84,055	84,055	81,412
Activities and service	1,574,799	112,107	-	1,686,906	1,365,207
Support family payments	4,329,353	-	-	4,329,353	4,571,429
Rent	307,339	-	-	307,339	253,149
Capital Campaign Expense	-	-	113,977	113,977	358,431
	23,527,119	822,066	551,136	24,900,321	24,260,134
Excess (deficiency) of revenue over expense	\$ 346,209	\$ 34,572	\$ (352,639)	\$ 28,142	\$ 50,003

NOTE: Audited Financial Statements are available upon request.

MARYMOUND WINNIPEG & MANITOBA

MARYMOUND

- Administration
- Clinical Services
- Crisis Stabilization Unit
- Cultural and Spiritual Care Services
- Managed Care
- Marymound School
- Treatment Foster Care
- Volunteer Services

442 Scotia Street
Winnipeg, Manitoba R2V 1X4

SEXUAL ABUSE TREATMENT PROGRAM AND YOUTH EDUCATION SERVICE

538 Atlantic Avenue
Winnipeg, MB R2W 0S3

YOUTH ADDICTIONS STABILIZATION UNIT

462 Provencher Blvd.
Winnipeg, MB R2J 0B9

INDEPENDENT OPTIONS/ YOUNG PARENTS PROGRAMS

349 College Avenue
Winnipeg, MB R2W 1M2

RECEIVING HOME

116 Hemlock Crescent
Thompson, MB R8N 0R6

FUTURES/BABIES BEST START TREATMENT FOSTER CARE PROGRAM YARN THOMPSON OUTREACH PROGRAM

117A Commercial Place
Thompson, MB R8N 1T1





MARYMOUND

Finding the good

www.marymound.com



Originally established by the Sisters of the Good Shepherd, Marymound is a member of the Catholic Health Corporation of Manitoba

